

Digestive system anatomy part 1

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Digestive System: Overview

The alimentary canal or gastrointestinal (GI) tract digests and absorbs food

•Alimentary canal – •oral cavity mouth, •pharynx, •esophagus, •stomach, •small intestine, •and large intestine, rectum •anus

Accessory digestive
<u>rgans</u> –
•teeth,
•tongue,
•gallbladder,
•salivary
glands,
liver, and
pancreas

- Mouth the first part of the digestive system, where food enters the body. Chewing and salivary enzymes in the mouth are the beginning of the digestive process (breaking down the food).
- Salivary glands glands located in the mouth that produce saliva. Saliva contains enzymes that break down carbohydrates (starch) into smaller molecules.
- **Esophageus** the long tube between the mouth and the stomach. It uses rhythmic muscle movements (called peristalsis) to force food from the throat into the stomach.
- Peristalsis rhythmic muscle movements that force food in the esophagus from the throat into the stomach. Peristalsis is involuntary - you cannot control it. It is also what allows you to eat and drink while upside-down.
- **Liver** a large organ located above and in front of the stomach. It filters toxins from the blood, and makes bile (which breaks down fats) and some blood proteins.
- Stomach a sack-like, muscular organ that is attached to the esophagus. Both chemical and mechanical digestion takes place in the stomach. When food enters the stomach, it is churned in a bath of acids and enzymes.

- Chyme food in the stomach that is partly digested and mixed with stomach acids. Chyme goes on to the small intestine for further digestion.
- Gall bladder a small, sac-like organ located by the duodenum. It stores and releases bile (a digestive chemical which is produced in the liver) into the small intestine.
- Bile a digestive chemical that is produced in the liver, stored in the gall bladder, and secreted into the small intestine.
- Pancreas an enzyme-producing gland located below the stomach and above the intestines. Enzymes from the pancreas help in the digestion of carbohydrates, fats and proteins in the small intestine.
- Duodenum the first part of the small intestine; it is C-shaped and runs from the stomach to the jejunum.
- Jejunum the long, coiled mid-section of the small intestine; it is between the duodenum and the ileum.

- **Ileum** the last part of the small intestine before the large intestine begins.
- **Cecum** the first part of the large intestine; the appendix is connected to the cecum.
- Appendix a small sac located on the cecum.
- Ascending colon the part of the large intestine that run upwards; it is located after the cecum.
- **Transverse colon** the part of the large intestine that runs horizontally across the abdomen.
- Descending colon the part of the large intestine that run downwards after the transverse colon and before the sigmoid colon.
- Sigmoid colon the part of the large intestine between the descending colon and the rectum.
- Rectum the lower part of the large intestine, where faeces are stored before they are excreted.
- Anus the opening at the end of the digestive system from which faeces (waste) exits the body

General Structure and Functions of the Digestive System

Form a continuous tube that extends about 30 feet (9–10 meters) from the mouth to the anus.

Smooth muscle in the GI tract wall pushes materials from one end to the other.



Digestive Process

- The GI tract is a "disassembly" line
 - Nutrients become more available to the body in each step

There are six essential <u>activities:</u>

- Ingestion,
- propulsion,
- mechanical digestion
- Chemical digestion,
- absorption,
- defecation



Digestion

- Processing of food
- Types
 - Mechanical (physical)
 - Chew
 - Tear
 - Grind
 - Mash
 - Mix
 - Chemical
 - Catabolic reactions
 - Enzymatic hydrolysis
 - Carbohydrate
 - Protein
 - 🗆 Lipid

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Digestion, what is it?

- Mechanical breakdown of food
- Chemical breakdown of food
- Absorption of nutrients





Figure 23.2

Gastrointestinal Tract Activities

- Ingestion taking food into the digestive tract
- Propulsion swallowing and peristalsis

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 Peristalsis – waves of contraction and relaxation of muscles in the organ walls

Mechanical digestion – chewing, mixing, and churning food

Deglutition (swallowing)

Sequence

- Voluntary stage
 - Push food to back of mouth
- Pharyngeal stage
 - Raise
 - Soft palate
 - Larynx + hyoid
 - □ Tongue to soft palate
- Esophageal stage
 - Contract pharyngeal muscles
 - Open esophagus
 - Start peristalsis



Deglutition (swallowing)

Control

Nerves

- Glossopharyngeal
- Vagus
- Accessory
- Brain stem
 - Deglutition center
 - Medulla oblongata
- Disorders
 - Dysphagia
 - Aphagia



Peristalsis and Segmentation

From mouth





Intestinal Smooth Muscle Potentials & Contractions

Mixing segmentation



Gastrointestinal Tract Activities

Chemical digestion –

catabolic breakdown of food

- Absorption movement of nutrients from the GI tract to the blood or lymph
- Defecation elimination of indigestible solid wastes





Absorption

The small intestine is the main site of absorption

•Most *water-soluble nutrients* such as monosaccharides, small fatty acids, and many amino acids are absorbed by either active transport or facilitated diffusion.

Once in the lining cells, they may pass freely into the numerous *capillaries* of the mucosa's connective tissue (the lamina propria). The "finishing enzymes" (brush border enzymes) in the small intestine help to break up disaccharides and small chain polypeptides that are still just a wee bit to large to absorb through the membrane.

•*Fat-soluble nutrients* cannot be absorbed so simply, and must be processed by the lining cells.

•After packaging lipids into little bubbles of membrane they are exuded from the cell and pass into lymphatic capillaries called *lacteals* in the villus.

• Like most nutrients, these will find themselves headed for the liver for processing.

GI Tract

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External environment for the digestive process

- Regulation of digestion involves:
 - Mechanical and chemical stimuli stretch receptors, osmolarity, and presence of substrate in the lumen
 - Extrinsic control by CNS centers
 - Intrinsic control by local centers

Receptors of the GI Tract

- Mechano- and chemoreceptors respond to:
 - Stretch, osmolarity, and pH
 - Presence of substrate, and end products of digestion
- They initiate reflexes that:
 - Activate or inhibit digestive glands
 - Mix lumen contents and move them along

Nervous Control of the GI Tract

Intrinsic controls

- Nerve plexuses near the GI tract initiate short reflexes
- Short reflexes are mediated by local enteric plexuses (gut brain)

Extrinsic controls

- Long reflexes arising within or outside the GI tract
- CNS centers and extrinsic autonomic nerves

The enteric nervous system, along with the sympathetic and parasympathetic nervous systems, constitute the autonomic nervous system.

The principal components of the enteric nervous system are two networks or plexuses of neurons, both of which are embedded in the wall of the digestive tract and extend from esophagus to anus:

The myenteric plexus is located between the longitudinal and circular layers of muscle in the tunica muscularis and, appropriately, exerts control primarily over digestive tract motility.

The submucous plexus, as its name implies, is buried in the submucosa. Its principal role is in sensing the environment within the lumen, regulating gastrointestinal blood flow and controlling epithelial cell function. In regions where these functions are minimal, such as the esophagus, the submucous plexus is sparse and may actually be missing in sections.

Within enteric plexuses are three types of neurons, most of which are multipolar:

<u>Sensory neurons</u> receive information from sensory receptors in the mucosa and muscle. At least five different sensory receptors have been identified in the mucosa, which respond to mechanical, thermal, osmotic and chemical stimuli.

Chemoreceptors sensitive to acid, glucose and amino acids have been demonstrated which, in essence, allows "tasting" of lumenal contents.

Sensory receptors in muscle respond to stretch and tension.

Collectively, enteric sensory neurons compile a comprehensive battery of information on gut contents and the state of the gastrointestinal wall.

<u>Motor neurons</u> within the enteric plexuses control gastrointestinal motility and secretion, and possibly absorption.

In performing these functions, motor neurons act directly on a large number of effector cells, including **smooth muscle, secretory cells (chief, parietal, mucous, enterocytes, pancreatic exocrine cells) and gastrointestinal endocrine cells.**

<u>Interneurons</u> are largely responsible for integrating information from sensory neurons and providing it to ("programming") enteric motor neurons.









Peritoneum and Peritoneal Cavity

- Peritoneum serous membrane of the abdominal cavity
 - Visceral covers external surface of most digestive organs
 - Parietal lines the body wall
 - Is a serous membrane lined by mesothelial cells.

Peritoneal cavity

- Lubricates digestive organs
- Allows them to slide across one another

Is a **potential space between the parietal and visceral peritoneum.**

Contains a film of fluid that lubricates the surface of the peritoneum and facilitates free movements of the viscera.

Is a completely closed sac in the male but is open in the female through the uterine tubes, uterus, and vagina.

Is divided into the lesser and greater sacs.

A. Parietal peritoneum

- Lines the abdominal and pelvic walls and the inferior surface of the diaphragm.
- Is innervated by the :
 - somatic nerves such as the phrenic,
 - lower intercostal, subcostal, iliohypogastric, and ilioinguinal nerves.

B.Visceral peritoneum

Covers the viscera, is innervated by visceral nerves, and is insensitive to pain.



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LARGE INTESTINE

STOMACH

THORAX








Peritoneum and Peritoneal Cavity



(a) Transverse section of abdominal cavity

Peritoneum and Peritoneal Cavity

Mesentery – double layer of peritoneum that provides:

Vascular and nerve supplies to the viscera

- Hold digestive organs in place and store fat
- Retroperitoneal organs organs outside the peritoneum
- Peritoneal organs (intraperitoneal) organs surrounded by peritoneum

Retroperitoneal

organs

 Structures that lie behind the peritoneum are termed "retroperitoneal". These include:

Primarily retroperitoneal:

- urinary
 - adrenal glands
 - kidneys
 - ureter
 - bladder
- circulatory
 - aorta
 - inferior vena cava
- digestive
 - esophagus (part)
 - rectum
- Reproductive
 - uterus

Secondarily retroperitoneal:

the head and neck of the pancreas (but not the tail)
the duodenum, except for the proximal first segment
ascending and descending portions of the colon (but not the transverse or sigmoid

A useful mnemonic to aid recollection of the abdominal retroperitoneal viscera is SAD PUCKER: S = Suprarenal glands (aka the adrenal glands)A = Aorta/IVCD = Duodenum (second and third segments)P = PancreasU = UretersC = Colon (only the ascending and descendingbranches)K = KidneysE = EsophagusR = Rectum

Peritoneum and Peritoneal Cavity



(b) Some organs become retroperitoneal

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Blood Supply: Splanchnic Circulation

- Arteries and the organs they serve include
 - The hepatic, splenic, and left gastric: spleen, liver, and stomach
 - Inferior and superior mesenteric: small and large intestines









Figure 5-13 Branches of the superior and inferior mesenteric arteries.



Figure 5-14 Portal venous system.

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Blood Supply: Splanchnic Circulation

Hepatic portal circulation:

- Collects nutrient-rich venous blood from the digestive viscera
- Delivers this blood to the liver for metabolic processing and storage

<u>GI HISTOLOGY</u>

Histology of the Alimentary Canal

- From esophagus to the anal canal the walls of the GI tract have the same four tunics
 - From the lumen outward they are the mucosa, submucosa, muscularis externa, and serosa
- Each tunic has a predominant tissue type and a specific digestive function

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Histology of the Alimentary Canal



Mucosa

- Moist epithelial layer that lines the lumen of the alimentary canal
- Three major functions:
 - Secretion of mucus
 - Absorption of end products of digestion
 - Protection against infectious disease
- Consists of three layers: a lining epithelium, lamina propria, and muscularis mucosae

Mucosa: Epithelial Lining

- Simple columnar epithelium and mucus-secreting goblet cells
- Mucus secretions:

- Protect digestive organs from digesting themselves
- Ease food along the tract
- Stomach and small intestine mucosa contain:
 - Enzyme-secreting cells
 - Hormone-secreting cells (making them endocrine and digestive organs)

Mucosae Lamina Propria and Muscularis Mucosae

Lamina Propria

- Loose areolar and reticular connective tissue
- Nourishes the epithelium and absorbs nutrients
- Contains lymph nodes (part of MALT) important in defense against bacteria
- Muscularis mucosae smooth muscle cells that produce local movements of mucosa

Mucosa: Other Sublayers

- Submucosa dense connective tissue containing elastic fibers, blood and lymphatic vessels, lymph nodes, and nerves
- Muscularis externa responsible for segmentation and peristalsis
- Serosa the protective visceral peritoneum
 - Replaced by the fibrous adventitia in the esophagus
 - Retroperitoneal organs have both an adventitia and serosa

Enteric Nervous System

Composed of two major intrinsic nerve plexuses:

- Submucosal nerve plexus regulates glands and smooth muscle in the mucosa
- Myenteric nerve plexus Major nerve supply that controls GI tract mobility
- Segmentation and peristalsis are largely automatic involving local reflex arcs
- Linked to the CNS via long autonomic reflex arc

MOUTH

Anatomy of the Mouth and Throat





Mouth

• Oral or buccal cavity:

- Is bounded by lips, cheeks, palate, and tongue
- Has the oral orifice as its anterior opening
- Is continuous with the oropharynx posteriorly

Mouth

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- To withstand abrasions:
 - The mouth is lined with stratified squamous epithelium
 - The gums, hard palate, and dorsum of the tongue are slightly keratinized

Anatomy of the Oral Cavity: Mouth



Figure 23.7a

Lips and Cheeks

Have a core of skeletal muscles

- Lips: orbicularis oris
- Cheeks: buccinators

- Vestibule bounded by the lips and cheeks externally, and teeth and gums internally
- Oral cavity proper area that lies within the teeth and gums
- Labial frenulum median fold that joins the internal aspect of each lip to the gum

Oral Cavity and Pharynx: Anterior View



Figure 23.7b

Palate

- Roof of mouth with 2 parts: hard palate and soft palate.
- Uvula attached to soft palate back of mouth
- I function closes off nasal cavity
- ▶ Palatine tonsils on either side of back of mouth → fight off infection



Cleft palate



Palate

- Hard palate underlain by palatine bones and palatine processes of the maxillae
 - Assists the tongue in chewing
 - Slightly corrugated on either side of the raphe (midline ridge)

Palate

Soft palate – mobile fold formed mostly of skeletal muscle

- Closes off the nasopharynx during swallowing
- Uvula projects downward from its free edge
- Palatoglossal and palatopharyngeal arches form the borders of the fauces

Tongue



Tongue

- Occupies the floor of the mouth and fills the oral cavity when mouth is closed
- Functions include:
 - Gripping and repositioning food during chewing
 - Mixing food with saliva and forming the bolus
 - Initiation of swallowing, and speech
- Intrinsic muscles change the shape of the tongue
- Extrinsic muscles alter the tongue's position
- Lingual frenulum secures the tongue to the floor of the mouth



Tongue – Function?

Functions: mixing food with saliva, moving food to throat or pharynx to swallow.

Papillae – small rough projections on tongue \rightarrow help hold food and contain **taste buds**

Frenulum – holds tongue down in front Root – back of tongue attached to hyoid bone

- Superior surface bears three types of papillae
 - Filiform give the tongue roughness and provide friction
 - Fungiform scattered widely over the tongue and give it a reddish hue
 - <u>Circumvallate</u> Vshaped row in back of tongue

The Tongue - The Organ of Taste





- Sulcus terminalis groove that separates the tongue into two areas:
 - Anterior 2/3 residing in the oral cavity
 - Posterior third
 residing in the
 oropharynx







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Produce and secrete saliva that:

Cleanses the mouth

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- Moistens and dissolves food chemicals
- Aids in bolus formation
- Contains enzymes that break down starch

Salivary glands: Parotid, sublingual, and submandibular



Salivary gland functions

- Cleanse teeth
- Amylase to break down sugars Moisten food



- Three pairs of extrinsic glands parotid, submandibular, and sublingual
- Intrinsic salivary glands (buccal glands) scattered throughout the oral mucosa

- Parotid lies anterior to the ear between the masseter muscle and skin
 - Parotid duct opens into the vestibule next to second upper molar
- Submandibular lies along the medial aspect of the mandibular body
 - Its ducts open at the base of the lingual frenulum
- Sublingual lies anterior to the submandibular gland under the tongue
 - It opens via 10-12 ducts into the floor of the mouth



Saliva: Source and Composition

- Secreted from serous and mucous cells of salivary glands
- 97-99.5% water, hypo-osmotic, slightly acidic solution containing
 - Electrolytes Na⁺, K⁺, Cl⁻, PO₄^{2–}, HCO₃⁻
 - Digestive enzyme salivary amylase
 - Proteins mucin, lysozyme, defensins, and IgA
 - Metabolic wastes urea and uric acid

Control of Salivation

- Intrinsic glands keep the mouth moist
- Extrinsic salivary glands secrete serous, enzyme-rich saliva in response to:
 - Ingested food which stimulates chemoreceptors and pressoreceptors
 - The thought of food
- Strong sympathetic stimulation inhibits salivation and results in dry mouth



InterActive Physiology[®]: Secretion, pages 3-5

Teeth

- Primary and permanent dentitions have formed by age 21
- Primary 20 deciduous teeth that erupt at intervals between 6 and 24 months
- Permanent enlarge and develop causing the root of deciduous teeth to be resorbed and fall out between the ages of 6 and 12 years
 - All but the third molars have erupted by the end of adolescence
 - Usually 32 permanent teeth





Classification of Teeth

Teeth are classified according to their shape and function

- Incisors chisel-shaped teeth for cutting or nipping
- Canines fanglike teeth that tear or pierce
- Premolars (bicuspids) and molars have broad crowns with rounded tips; best suited for grinding or crushing
- During chewing, upper and lower molars lock together generating crushing force

Dental Formula: Permanent Teeth

- A shorthand way of indicating the number and relative position of teeth
 - Written as ratio of upper to lower teeth for the mouth
 - Primary: 2I (incisors), IC (canine), 2M (molars)
 - Permanent: 2I, IC, 2PM (premolars), 3M

<u>2I</u>	<u>1C</u>	<u>2PM</u>	<u>3M</u>	
21	1C	2PM	3M	2 (32 teeth)

- Two main regions crown and the root
- Crown exposed part of the tooth above the gingiva
- Enamel acellular, brittle material composed of calcium salts and hydroxyapatite crystals; the hardest substance in the body
 - Encapsules the crown of the tooth
- Root portion of the tooth embedded in the jawbone

- Neck constriction where the crown and root come together
- Cementum calcified connective tissue
 - Covers the root

D

Attaches it to the periodontal ligament

Periodontal ligament

- Anchors the tooth in the alveolus of the jaw
- Forms the fibrous joint called a gomaphosis
- Gingival sulcus depression where the gingiva borders the tooth

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- Dentin bonelike material deep to the enamel cap that forms the bulk of the tooth
- Pulp cavity cavity surrounded by dentin that contains pulp
- Pulp connective tissue, blood vessels, and nerves

- Root canal portion of the pulp cavity that extends into the root
- Apical foramen proximal opening to the root canal
- Odontoblasts secrete and maintain dentin throughout life



- Dental caries gradual demineralization of enamel and dentin by bacterial action
 - Dental plaque, a film of sugar, bacteria, and mouth debris, adheres to teeth
 - Acid produced by the bacteria in the plaque dissolves calcium salts
 - Without these salts, organic matter is digested by proteolytic enzymes
 - Daily flossing and brushing help prevent caries by removing forming plaque

Tooth and Gum Disease: Periodontitis

- Gingivitis as plaque accumulates, it calcifies and forms calculus, or tartar
- Accumulation of calculus:
 - Disrupts the seal between the gingivae and the teeth
 - Puts the gums at risk for infection
- Periodontitis serious gum disease resulting from an immune response
- Immune system attacks intruders as well as body tissues, carving pockets around the teeth and dissolving bone